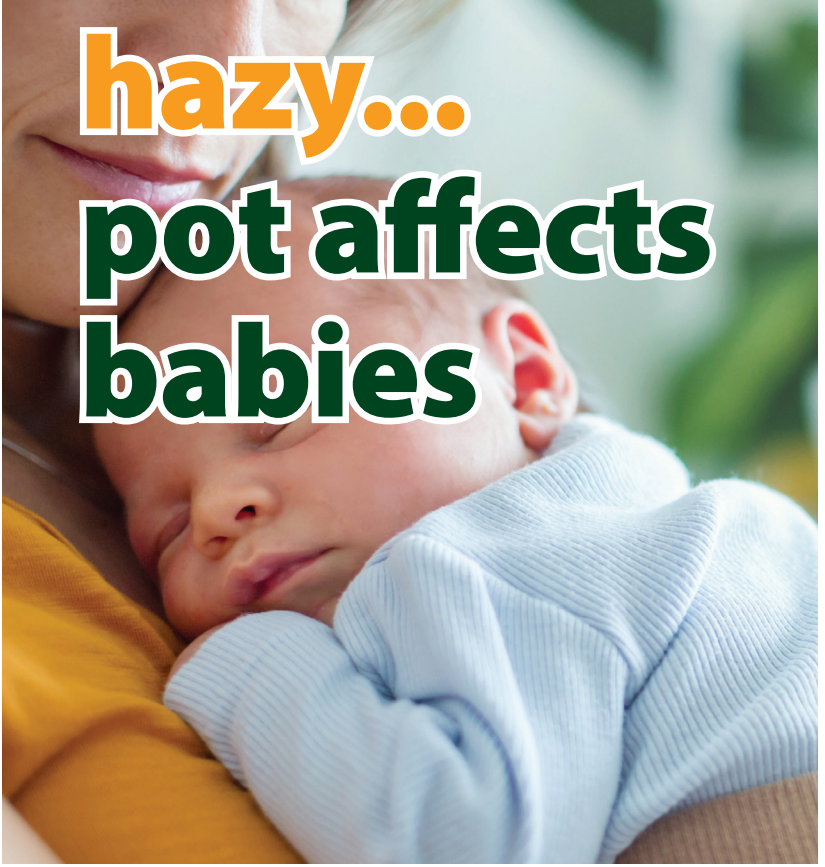


**It's not**

**hazy...**

**pot affects**

**babies**



**the dirt on weed .com**

# Keep your baby healthy - take a break from weed



Marijuana smoke, like secondhand tobacco smoke, is toxic - and those chemicals are not eliminated by vaporizers or hookahs.



Marijuana today is stronger than it has ever been, and that potency increases with vaporization or dabbing.



Using marijuana - recreational or medical - while pregnant or breastfeeding can be harmful to your baby's health.



Marijuana use can effect your baby as early as the first trimester.

The research on marijuana use during pregnancy and breastfeeding shows a variety of negative effects on your baby - so it's best to take a break from weed until you've given birth and are done breastfeeding.

For more information about marijuana's effects on pregnancy and babies, visit [TheDirtOnWeed.com](http://TheDirtOnWeed.com).



**BERRIEN COUNTY  
HEALTH DEPARTMENT**

better health. stronger communities.