

# Triple P Classes

Positive Parenting  
Program



Berrien County  
Health Department

2149 E. NAPIER AVE  
BENTON HARBOR, MI 49023

TUESDAYS

5 P M - 6 P M

March 29

April 5      April 19  
April 12     April 26

## For parents or care takers:

This class is for parents who wish to learn a variety of parenting skills that will promote their child's development and potential.

## Discussion Group Series Topics Covered:

- POSITIVE PARENTING
- DEALING WITH DISOBEDIENCE
- MANAGING FIGHTING & AGGRESSION
- DEVELOPING GOOD BEDTIME ROUTINES
- HASSLE-FREE SHOPPING WITH CHILDREN

PLEASE RSVP REQUIRED 269-927-5622